



*Matushri Virbaima Mahila Science & Home Science College*

*Kalawad Road, Near Under Bridge, RAJKOT*

PHONE NO. +91-281-2452997 email ID : [mvmscience@yahoo.co.in](mailto:mvmscience@yahoo.co.in)

## Self Appraisal Form for Teachers

### A. Personal Information :

1	Name	<b>Dr. Daxa Jitesh Jotangiya</b>
2	Residential Address with Pin No.	<b>“Manglam” 3, Amarnath Plot, Behind Swaminarayan Temple, Kalawad Road, Rajkot</b>
3	Mobile No.	<b>98242492530</b>
4	Landline No. of Resident	-
5	Other alternative No.	-
6	E-Mail ID	<b>dgsolanki2010@yahoo.com</b>
7	Date of Birth	<b>15 /12/1972</b>

### B. (a) General Information :

1	Designation	<b>Associate professor</b>
2	Department	<b>Home Science</b>
3	Specialization if any	<b>Foods &amp; Nutrition</b>
4	Date of Appointment	-
	(i) In the present institution	<b>20/3/1995</b>
	(ii) In the present post	-
5	Honours conferred	

### B.(b) Academic Qualification :

Examination	Board/Universty	Subjects	Yearr	Division/Grade/Marks
<b>S.S.C</b>	<b>G.S.E.Bord</b>	<b>Science</b>	<b>1987</b>	<b>II Class</b>
<b>H.S.C</b>	<b>G.H.S.E.Bord</b>	<b>Home Science</b>	<b>1989</b>	<b>I Class</b>
<b>B.Sc. with Home Science</b>	<b>Saurashtra university</b>	<b>Food &amp; Nutrition</b>	<b>1992</b>	<b>Dist.</b>
<b>M.Sc. with Home Science</b>	<b>Saurashtra university</b>	<b>Food &amp; Nutrition</b>	<b>1994</b>	<b>I Class</b>
<b>Ph.D.</b>	<b>Saurashtra university</b>	<b>Food &amp; Nutrition</b>	<b>2010</b>	<b>-</b>
<b>Other/ NCC</b>				
<b>1 Lt(OR)</b>	<b>W.O.T.S(OTA)</b>	<b>N.C.C</b>	<b>1996</b>	<b>I Class</b>
<b>2 CAPTAIN</b>	<b>(GWALIOR)</b>	<b>N.C.C</b>	<b>2004</b>	<b>I Class</b>
<b>3 MAJOR</b>		<b>N.C.C</b>	<b>2011</b>	<b>I Class</b>

C.(a) Research Experience & Training :

Research Stage	Title of work/ Thesis	University where the work was carried out
M.Phil. or equivalent	-	-
Ph.D.	<b>Nutrional &amp; hygienic Assessment of Foods Sold By Small Vendors In Rajkot City.</b>	<b>Saurashtra university</b>
Post-Doctoral	-	-
Publication (give a list separately) (Annexure-I)	<u><b>Annexure -I</b></u>	
Research Guidance (give names of Students guided successfully) (Annexure-II)	<u><b>Annexure-II</b></u>	

C.(b) Research Projects Carried out :

Title of the project	Name of the funding agency	Duration	Remarks
<b>Health and nutritional status of pregnant and nursing mother visiting as beneficiaries of anganwadi</b>	<b>University Grants Commission (UGC)</b>	<b>4/2/13 to 13/2/15</b>	<b>Submitted</b>

C.(c) Seminars, Conferences, Symposia, etc. Attended :

Sr. No	Name of the Seminars, Conferences, Symposia, etc.	Name of the sponsoring/organizing Agency	Place & Date	Title of the paper presented (if any)
<b>National seminars</b>				
1	<b>Current Trends and Issues in Home Science</b>	<b>UGC &amp; S.B.Gardi Institution Home Sciene, Department, SaurashtraUniversity</b>	<b>Rajkot 24<sup>th</sup> &amp; 25<sup>th</sup> January 2004</b>	<b>Attended</b>
2	<b>Non Government Organizations: Goals, Transparency and Accountability [An Auditing]</b>	<b>Dep. M.S.W. SaurashtraUniversity</b>	<b>Rajkot 27<sup>th</sup> &amp; 28<sup>th</sup> October2007</b>	<b>NGO'S -LIFE</b>
3	<b>Women health Indian scenario</b>	<b>Shakti-A national Movement for women</b>	<b>Pune 19<sup>th</sup> &amp; 20<sup>th</sup> January 2008</b>	<b>A Study On Bone Density &amp; Hemoglobin Status of Women</b> <b>Effectiveness of health improvement programme for obesity in women.</b> <b>Health &amp; Nutrition issue concerning women and</b>

				children- Roll of Home Science Education
4	Current Problem of Obesity in India.	UGC & Home Science college	Upleta 10 <sup>th</sup> & 11 <sup>th</sup> January 2009	Childhood obesity –A Major Problem In India obesity: The cause of our Downfall
5	Cultural Phenomena in Indian Literature'	UGC & H.L. Patel College	Bhayavdar 16 <sup>th</sup> & 17 <sup>th</sup> January 2010	Saurashtr kacch sanskruti samyata Ardhashatabadi nu gujarati sahitya Ek sinhavalokan Gujarati sahitya ma geeto no amar varso
6	Environment Education concerns,sensitization and action	Faculty of Family and community science Dep.of Extension & Communication	Baroda 24 <sup>th</sup> & 25 <sup>th</sup> January 2012	Environmental effect on keeping quality of food Environmental contaminants
7	Gandhi Thought, Anna Movement & Our Education	UGC & M.B. Arts and Commerce college	Gondal 04/03/2012	New Dimensions of Qualitative Higher Education Pravartman Shikshanma Mahavidyalayanu Uttardayitva”
8	The women in a new global perspective post 90's- avenues & approaches	UGC & M.J. Kundaliya College	Rajkot 05/10/12	Jatiya asamanta - narijatinu apaman Nari atyachar – kadvi vastvikta
9	Democracy in our Times : Past, Present and Future	UGC & Smt. S.B. Jasani Arts and Shri N.K. Jasani Commerce College, Rajkot in Collaboration with All India Women's Conference	Rajkot 14/09/13	Government Approaches towards Food & Nutrition
10	Environment issues and challenges	UGC & Smt. S.B. Jasani Arts and Shri N.K. Jasani Commerce College, Rajkot in Collaboration with All India Women's Conference	Rajkot 19/03/14	Environment Effects on Human Health Children's Environment health Risk and Remedies
11	Statup-standup and make in India	Shree patel kelavani mandal college of technology & B. Ed.	Dhoraji 20/8/16	The fast-food fix faster
12	National Conference on Women in Science	Female Science Faculties on the occasion of National Science Day at Department of Physics, Saurashtra University,	Rajkot. 28/02/2020	-
<b>State level seminars</b>				
1	Home Science	Arts & Commerce	Unzha	Microbial

	<b>Awareness</b>	<b>mahila college, North Gujarat University</b>	<b>11/03/2007</b>	<b>assessment of panipuri popular street food of India &amp; its Comparison With Homemade.</b> <b>Nutritional assessment of panipuri Sold by small Vendors In rajkot city &amp; its comparison With Home made Sample.</b> <b>9 To 12 Varshna School A Jata Balak Na Nasta No Poshan Angeno Survy</b>
<b>2</b>	<b>Social Accountability of Higher Education Institutions</b>	<b>UGC &amp; Kundaliya College</b>	<b>Rajkot 12/10/07</b>	<b>NCC Nu samajik Kshetre Yogdhan.</b> <b>Mahavidyalay samajik chetana nu kendra</b>
<b>3</b>	<b>Current Problem of Obesity in India</b>	<b>UGC &amp; Home Science college</b>	<b>Limdi. 20/12/08</b>	<b>“SHAKTI” National Movement for women</b> <b>Anemia and Adverse pregnancy outcome</b>
<b>4</b>	<b>Emerging Trends and Scope in Home Science</b>	<b>UGC &amp; MVM Sci and Home Sci. College</b>	<b>Rajkot 01/02/09</b>	<b>Clean Water Sanction Strict Foods &amp; Strategies To Improve The Street Foods</b> <b>Spirulina- The Wonder Algae.</b>
<b>5</b>	<b>Images and representation of women in Indian literatures</b>	<b>UGC &amp; Jasani college</b>	<b>Rajkot 19<sup>th</sup> &amp; 20<sup>th</sup> December 2009</b>	<b>Stree sanman kelvo aolkho nari na anter ne aolkho</b> <b>Mahila utkars na margo</b>
<b>6</b>	<b>Consumer Education</b>	<b>UGC &amp; B.D. Arts Collage</b>	<b>Ahemdabad 11/01/2010</b>	<b>Need to educate consumer about food spoilage and storage.</b> <b>To make consumers Aware regarding the Quality of food products</b>
<b>International conference</b>				
<b>1</b>	<b>Recent Trends in multidisciplinary research</b>	<b>Smt. S.B. Jasani Arts and Shri N.K. Jasani Commerce College, Rajkot</b>	<b>Rajkot 2/3/24</b>	<b>To know the effect of obesity before pregnancy with PCOS</b>

<b>National Conferences</b>				
1	Role of Home Science in Social Well Being'	UGC & S.B.Gardi Institution Home Sciene, Department, Sau.University,	Rajkot 07/02/2010	A study on bone density and Hb status of girls
				Health concerns of tribal women
2	A Globle need- stress management and strategies.”	UGC & R.R Patel Mahila College	Rajkot 18/01/11	Stress-Its relation with Nutrition and Longevity
				Hypertension Nutritional aspects and preventable strategies
3	Current problems of women health in India”	UGC & U.K.V. Mahila College	Keshod 29 <sup>th</sup> & 30 <sup>th</sup> january 2011	What Ails Women Health
				Health and Nutrition issues concerning women
4	Environment and Climate	M.V.M. Science& Home Science College Dept. of Biology	Rajkot 13/02/11	Microbial Lode in Bhel a Popular street food in India and its comparison with Home made food
				Environmental contaminants
				Effect of tempture on keeping quality of food.
5	Recent research trends in all subjects	Shree patel kelavani mandal college of technology & B.Ed.	Junagadh 17/08/15	Healthy family- a perfect cushioning system
				Comperative study of navaratri graba costume for boys
				Low hemoglobin Risk factor in prengnancy
6	Education commissio recommendation and its executions in indepent BHARAT'	UGC & Saurashtra university internal quality assurance cell	Rajkot 18/06/15	Attended
7	Innovation in business, humanities and social sciences	UGC & Smt. K.S.N. kansagara college	Rajkot 08/10/16	Breast Cancer- Risk Factors and Prevention
8	Nurturing family values for the social well-being	UGC & Smt. S.B. Gardi institute of Home Science ,Saurashtra University	Rajkot 29/01/17/	Role of seiner citizens for nurturing family values and social well being -poster presentation

9	<b>Interdisciplinary Innovative Trends In Business Management and Humanities (IITBMH)</b>	<b>UGC &amp; Smt. K.S.N. kansagara college</b>	<b>Rajkot 23/12/17</b>	<b>The urban health challenge</b>
10	<b>Medicinal chemistry at the interface of 21<sup>st</sup> century :An Indian perspective</b>	<b>V.P &amp;.R.P.T.P. Science college</b>	<b>V.V. Nagar 28/01/2019</b>	<b>-</b>
<b>National Symposia</b>				
1	<b>The Cereal story</b>	<b>Hotel grand regency bhebar road, IDA Gujarat chapter</b>	<b>Rajkot 08/03/2016</b>	<b>Attended</b>
2	<b>Functional foods &amp; metabolic syndrome</b>	<b>Hotel grand regency bhebar road IDA Gujarat chapter</b>	<b>Rajkot 30/07/16</b>	<b>Attended</b>
3	<b>Life Style Nutrition</b>	<b>Imperial Hotel IDA Gujarat chapter</b>	<b>07/01/2017</b>	<b>Attended</b>
4	<b>Challenge of Deglobalization for India</b>	<b>Smt. S.B. Jasani Arts and Shri N.K. Jasani Commerce College UGC</b>	<b>Rajkot 09/03/17</b>	<b>Attended</b>
5	<b>Protein and fibre: its role in satiety</b>	<b>Hotel Radisson Blu IDA Gujarat chapter</b>	<b>Ahmadabad on 09/04/17</b>	<b>Attended</b>
6	<b>Power of Grains</b>	<b>Hotel fortune park JPS grand IDA Gujarat chapter</b>	<b>Rajkot 16/09/18</b>	<b>Attended</b>
7	<b>Living well with Diabetes</b>	<b>IDA Hotel Imperial yagnik road</b>	<b>Rajkot 27/01/2019</b>	<b>Attended</b>

C.(d) Training/ Workshop/FDP/Orientation/ Refresher Course :

Sr. No.	Name of Programme	Duration	Organized by
<b>Training</b>			
1	<b>Basic computer training</b>	<b>1/3/07 to 1/4/07 (01 Month)</b>	<b>LCC Rajkot</b>
2	<b>CCC</b>	<b>15/10/2011 (45 hrs)</b>	<b>Kamniya computer academy Pvt.Ltd. M.V.M. Sci. &amp; Homesci. College</b>
<b>National Work shop</b>			
1	<b>National level workshop on “Nanoscience and Nanotechnology”</b>	<b>21/02/10 (01 day)</b>	<b>M.V.M. Sci. &amp; Homesci. College Dept. of Phycis Rajkot UGC</b>
3	<b>Work shop on NCC- trainers training</b>	<b>16<sup>th</sup> to 24<sup>th</sup> april 2018 (09 days)</b>	<b>2 Guj girls BN NCC Rajkot</b>

<b>State level Work shop</b>			
1	Abhiyashkram ghdater shibir	04/02/2007 (1 day)	Bosamiya college Jetpur
2	Content development of CFN course	24/10/2013 (01 day)	Baba shaheb amedakar open University BAOU Ahmadabad
3	Building Awareness Among Women Consultants In India	18/02/2014 (01Day)	North India Consultancy Organisation Ltd. [NITCON] Delhi
4	Content development of CFN course	14/10/2014 (01 day)	Baba shaheb amedakar open University BAOU Ahmadabad
5	UGC 7 <sup>th</sup> pay regulation 2018 for university / college teachers	11/03/2018 ( 01day)	IQAC Sau. University & Sau. Vishwavvidyalaya vistar shaikshik sangh (SVVSS)
6	Canning & Bottling	20 <sup>th</sup> to 30 <sup>th</sup> January 2009 (10 days)	Agriculture Dep. Gujarat , M.V.M. Sci. & Homesci. College
7	Intercollegiate Food & Nutrition Competition & Seminar on... ."Build Your roots with Healthy Foods"	1 day	Protein Foods & Nutrition Development Association of India [PFNDAI] in Collaboration with Indian Dietetic Association – Gujarat Chapter and Department of Home Science of Sadguru Mahila Home Science College, Rajkot.
<b>FDP</b>			
1	Concepts of Networking	12/08/13 to 23/08/13 (12 days)	IQAC ,M.V.M. Sci. & Home Science College
2	Computer basics Conducted	07/07/14 to 17/07/14 (11 days)	IQAC ,M.V.M. Sci. & Home Science College
3	Faculty Development programme	11/08/16 to 20/08/16 (10 days)	IQAC ,M.V.M. Sci. & Home Science College
4	Use technology in classroom teaching and develop teaching skill	05/09/17 (01 day)	Saurashtra university Rajkot M.B.A department
5	Features of faculty	14/04/18 (01 day)	BAPS Swaminaray mandir Rajkot
<b>Orientation &amp; Refreshers</b>			
1	Orientation	06/04/98 to 2/5/98	ASC, Saurashtra Uni. Rajkot UGC
2	Refresher	10/07/2000 to 30/7/2000	ASC, Saurashtra Uni. Rajkot UGC
3	Refresher	06/11/2000 to 26/11/2000	ASC, Saurashtra Uni. Rajkot UGC
4	Refresher	04/10/2001 to 22/10/2001	Gujarat Vidhyapith Ahmedabad UGC
5	Refresher	27/01/2003 to 16/02/2003	ASC, Saurashtra Uni. Rajkot UGC
	Orientation for Academic Counsellor for M.Sc. (DFSM) Programme	11/09/2007 (1-day)	IGNOU Ahmedabad
6	Orientation (N.C.C.)	24/06/96 to 21/09/1996	D.G. NCC (Delhi) Gwalior
7	Refresher (N.C.C.)	13/08/04 to 11/09/2004	D.G. NCC (Delhi) Gwalior

8	<b>Refresher (N.C.C.)</b>	<b>04/07/11 to 02/08/11</b>	<b>D.G. NCC (Delhi) Gwalior</b>
9	<b>Orientation NEP orientation and sensitization programme</b>	<b>19/2/24 to 28/2/24</b>	<b>UGC- malaviya mission teacher training center, saurashtra university</b>

C.(e) Details as Resource person :

Sr.No.	Event	Title of Presentation	Date & Place	Organized by
1	<b>Resources Person</b>	<b>Fifteen lectures related to Foods &amp; Nutrition</b>	<b>Rajkot year 2006 - 07-08</b>	<b>AIR [Gyanvani Programme]</b>
2	<b>Presented lecture</b>	<b>Assessment of nutritional status in community (community nutrition)</b>	<b>24/01/2012</b>	<b>Gandhinagar BISAG Studio</b>
3	<b>Presented lecture</b>	<b>Canning and bottling (food preservation)</b>	<b>100/9/2012</b>	<b>Gandhinagar BISAG Studio</b>
4	<b>Presented lecture</b>	<b>Grhak suraksh ane sarkshan" CFN-1</b>	<b>08/08-2014.</b>	<b>Gandhinagar BISAG Studio conducted by Babasaheb Ambedkar Open University [</b>
5	<b>Expert Committee Member for RDC</b>	<b>Expert Committee Member for RDC</b>	<b>Rajkot 05/10/2015</b>	<b>Home Science Department Saurashtra University</b>
6	<b>Ph.D. Course Work</b>	<b>1.Review of literature 2. Methodology</b>	<b>Rajkot 17<sup>th</sup>, 24<sup>th</sup>, 25<sup>th</sup> October &amp; 1<sup>st</sup> November 2015</b>	<b>Home Science Department Saurashtra University</b>
7	<b>Ph.D. Course Work</b>	<b>1. SPSS 2. Methodology</b>	<b>Rajkot 12<sup>th</sup>, 13<sup>th</sup> &amp; 17<sup>th</sup> December 2016</b>	<b>Home Science Department Saurashtra University</b>
8	<b>Expert Committee Member for RDC</b>	<b>Expert Committee Member for RDC</b>	<b>Rajkot 05/01/2018</b>	<b>Home Science Department Saurashtra University</b>
9	<b>Resources Person</b>	<b>NCC acts</b>	<b>Rajkot 16<sup>th</sup> to 24<sup>th</sup> April 2018</b>	<b>NCC unit</b>
10	<b>Expert Committee Member for RAC</b>	<b>-</b>	<b>30/12/2019 Rajkot</b>	<b>Home Science Department Saurashtra University Rajkot</b>
11	<b>Ph.D course</b>	<b>Methodology, Analysis</b>	<b>28/02/2023</b>	<b>Home Science Department</b>



	<b>Work</b>	<b>of Data</b>	<b>01/03/2023 02/03/2023 Rajkot</b>	<b>Saurashtra University Rajkot</b>
<b>12</b>	<b>Interview of Adhyapak shahayak</b>	<b>Subject Expert</b>	<b>5/1/24</b>	<b>Government commerce college Gandhinagar</b>
<b>13</b>	<b>Interview of Adhyapak shahayak</b>	<b>Subject Expert</b>	<b>16/1/24</b>	<b>Government commerce college Gandhinagar</b>
<b>14</b>	<b>RAC</b>	<b>Expert Committee Member for RAC</b>	<b>7/4/24</b>	<b>Bhakt kavi narsinh Mehta university</b>

D.(a) Teaching Experience :

Course taught	Name of the University/College/Institution	Duration (As on June-2024)
U.G.	<b>M.V.M. Science and Home science college, Rajkot</b>	<b>20/03/95 to till date</b>
P.G.	<b>Home Science Department Saurashtra University, Rajkot</b>	<b>1995 to 2001 (6 Years)</b>
M. Phil.		
Any other	<b>Ph.D. Guide (06 – Students) N.C.C. (all ANO subjects )</b>	<b>2015 1996 to 2022 (26 years)</b>

D.(b) Total Teaching Experience :

- (i) Under-graduate :**29 yrs** (ii) Post graduate : **6 Years**

E. Innovations / Contributions in Teaching :

(Give list/lists separately for the following if required)

- Design of Curriculum : **Designed curriculum for Home science (foods & Nutrition) subjects for under graduate programme**
- Teaching Methods : **Lecture, Chalk & Talk, Seminars Group Discussion, Demonstration, Exhibition, Visit/Field Work, Workshop, Use of Multi Media, Use of Internet.**
- Laboratory experiments : **As per Curriculum**
- Evaluation Methods : **Internal Test, weekly class test Assignment, Project work, Surprise Test, Oral Test, OMR Test, through practical examination**
- Preparation of resource material Including book, reading materials, Laboratory manual etc.: **-8 books and other materials for graduate level**
  - Prepared reading materials for foods & Nutrition course of BAOU
  - Prepared reading materials for NCC subjects (for All Three years)
- Remedial Teaching / Student: **Personal guidance to the needy students. Extra classes for the weak students.**
- Counselling (academic): **(1) individually outside the classroom.  
(2)Parent counselling at the time of Admission for the usefulness of the subject home Science in Career development**
- Any other :
  - (1)As and when required in any form of teaching.
  - (2)Give guidance and motivate the student for preparation of poster presentation for seminar.
  - (3) Motivating the students at school level for selection of Home science as their career.

## F. Extension Work/ Community Services :

- 1 Please give a short account of your contribution to :
  - i. Community work such as values of National Integration, secularism, democracy, socialism, humanism, Peace, Scientific temper, flood or drought relief, small family norms etc.:
    - (1)AIDS awareness in slum area or Rajkot city By NCC cadets
    - (2) Nutritional Education program in school Children By NCC cadets
    - (3) Vyasan mukti' -rally on 25/6/2010 in Rajkot to till date
    - (4)'Vyasan mukti' -street play on 26/6/2010 in Munjaka
    - (5)Cultural activity in camps-1996 to till date
    - (6)yoga in camps & international yoga day -1996 to till date
    - (7)Tree plantation in camps-2010 to till date
    - (8) Save a Girl child rally 2009 to till date
  - ii Socialism :
  - ii National Mission : -**Disciplining students through NCC activities.**  
**-Swachhta Mission**
- 2 Position held/Leadership role played in organizations linked with Extension Work & National Service Scheme (NSS) or NCC or any other similar activity :

## G. Participation in Corporate Life:

Please give a short account of your contribution to :

- i College/ University/Institution :
  - **Dhara member in Sport committee in college level**
  - **Anti ranging committees in college level**
  - **Discipline committees in college level**
- ii. Co-curricular Activities : **Paper setter and examiner, NCC**
- iii. Enrichment of Campus Life (Hostels, Sports, Games, Cultural Activities) :  
**guide students for sports**
- iii. Students Welfare & Discipline ::**through NCC**
- iv. Membership/Participation in Bodies/Committees on Education and National Development : **Home science board**
- v. Professional Organization of Teacher : ----

## H.(a) Membership of Professional Bodies, Societies etc. :

- **Member of IDA [Indian Dietetic Association]**
- **Life member of Indian Women Scientists Association 2009**
- **Life Member of Adhyapak Mandal**
- **Life Member of Alumani Association of M. V. M. Science & Home Science College**
- **Alumani Association in Dept. of Home Science**
- **Member of saurashtra university vishwavudyalaya shaikshik sangh**
- **Home management board(sau uni) -in chairman of HM dep. 8-3-2018**
- **Home science board member in Bhavnagar university**

(b) Editorship of Journals :-----

## I.(a) State brief assessment of your performance indicating :

(b) Difficulties faced :

(c) Suggestions for improvement :

## J. Step taken by you for the evaluation of the course/ programme taught :

## K. Any other Information :

<b>Actively participated as organizer in NCC Camp.</b>
<b>Awarded 3<sup>rd</sup> position in All India NCC Refresher courses for the rank of Captain at Gwalior.</b>
<b>Awarded for best work done in NCC by M.V.M. Science &amp; Home Science College</b>
<b>Member of Organising Committee of State Level Seminar at M. V. M. Science &amp; Home Science College, Rajkot.</b>
<b>Best ANO and best institution of Rajkot group Award By ADG of Gujarat general Arvind Kapoor date- 6/8/2021.</b>

### **Annexure-I**

Sr. No.	Title of the Paper	Journal/ Book	Date/ Volume/ Pg. No.	Year of Publication	National/ International	ISBN/ ISSN No.
<b>National publication</b>						
1	<b>A study on bone density and Hb status of women</b>	<b>Research link</b>	<b>Vol. XI(8),Oct pg- 36-38</b>	<b>2012</b>	<b>National</b>	<b>ISSN-0973-1628</b>
2	<b>Fruits and vegetables antioxidants and its relation with hypertension</b>	<b>Research link</b>	<b>Vol. XI(8),Oct pg 39-40</b>	<b>2012</b>	<b>National</b>	<b>ISSN-0973-1628</b>
<b>International publication</b>						
1	<b>Microbial assessment of panipuri – A popular street food of India and its comparison with homemade food</b>	<b>Food Science Research Journal,</b>	<b>Vol. 2, Issue I, April Pg- 20</b>	<b>2011</b>	<b>International Journal</b>	<b>ISSN-0976-1276</b>
2	<b>Nutritional assessment of Panipuri sold by small vendors in Rajkot city and its comparison with homemade sample</b>	<b>Food Science Research Journal,</b>	<b>Vol. 2, Issue I, April Pg- 44</b>	<b>2011</b>	<b>International Journal</b>	<b>ISSN-0976-1276</b>
3	<b>Nutritional and hygienic assessment of pizza sold by small vendors in Rajkot city and its comparison with homemade</b>	<b>Asian journal of Home science,</b>	<b>Vol 7 Issue 1, June pg 31</b>	<b>2012</b>	<b>International Journal</b>	<b>ISSN-0976- 8351</b>

	<b>sample</b>					
4	<b>Environmental effect on keeping quality of food</b>	<b>Research link</b>	<b>Vol.XI(9),Nov pg 22-23 .</b>	<b>2012</b>	<b>International Journal</b>	<b>ISSN-0973-1628</b>
5	<b>Health and nutritional problems of adolescent girl</b>	<b>Research link</b>	<b>Vol.XI(9),Nov pg 24-26 .</b>	<b>2012</b>	<b>International Journal</b>	<b>ISSN-0973-1628</b>
6	<b>Nutritional and hygienic assessment of paubhaji sold by small vendors in Rajkot city and its comparison with homemade sample</b>	<b>Food Science Research Journal,</b>	<b>Vol-4,Issue -1, April pg 80-83</b>	<b>2013</b>	<b>International Journal</b>	<b>ISSN-0976-1276</b>
7	<b>Study on Nutritional status of school girls in Rajkot city as determined by anthropometry</b>	<b>Food Science Research Journal,</b>	<b>Vol-4,n -1, April pg- 77-79</b>	<b>2013</b>	<b>International Journal</b>	<b>ISSN-0976-1276</b>
8	<b>Comparative study of working and non working women and its relation with obesity</b>	<b>Asian journal of Home science,</b>	<b>vol-1,Issue-1,June pg-334-337</b>	<b>2013</b>	<b>International</b>	<b>ISSN-0976- 4732 online ISSN-0976-8351</b>
9	<b>Determinants of obesity in women of Rajkot city and effect of health improvement programme</b>	<b>Research link</b>	<b>Vol.XIII(2), Issue - 121 April Pg- 24-26</b>	<b>2014</b>	<b>International</b>	<b>ISSN-0973-1628</b>
10	<b>Health and nutritional status of pregnant mother visiting as beneficiaries of anganwadi</b>	<b>Research link</b>	<b>Vol.XIII(2), Issue - 121 April Pg- 27-28</b>	<b>2014</b>	<b>International</b>	<b>ISSN-0973-1628</b>
11	<b>Health and Nutritional Status of Nursing Mother Visiting as</b>	<b>Indian Journal of medical Science</b>	<b>Vol 7 Issue 1&amp;2 April&amp;oct Pg-33-37</b>	<b>2014</b>	<b>International</b>	<b>ISSN-0974-2654 Online ISSN-0976-7932</b>

	<b>Beneficiaries of Anganwadi</b>					
12	<b>Effective of Health Improvement Program For Obesity- A Cross Sectional Study</b>	<b>Indian Journal of medical Science</b>	<b>Vol 7 Issue 1&amp;2 April&amp;oct Pg- 55-57</b>	<b>2014</b>	<b>International</b>	<b>ISSN-0974-2654 Online ISSN-0976-7932</b>
13	<b>Government approaches towards public health &amp; nutrition</b>	<b>Research link</b>	<b>Vol.XIV(6),August Issue -137 Pg-41-43</b>	<b>2015</b>	<b>International</b>	<b>ISSN-0973-1628</b>
14	<b>The quality of food products food laws &amp; consumers awareness</b>	<b>Research link</b>	<b>Vol.XIV(6),August Issue -137 Pg-38-40</b>	<b>2015</b>	<b>International</b>	<b>ISSN-0973-1628</b>
15	<b>Low 13aemoglobin Risk factor in pregnancy</b>	<b>View of space</b>	<b>vol -1 august issue -4 year-3 pg- 8-11</b>	<b>2015</b>	<b>International</b>	<b>ISSN-2320-7620</b>
16	<b>Comperative study of navaratri graba costume for boys and girls</b>	<b>View of space</b>	<b>vol -1 august issue -4 year-3 pg- 63-68</b>	<b>2015</b>	<b>International</b>	<b>ISSN-2320-7620</b>
17	<b>Healthy family- a perfect cushioning system</b>	<b>View of space</b>	<b>vol -1 august issue -4 year-3 pg- 77-80</b>	<b>2015</b>	<b>International</b>	<b>ISSN-2320-7620</b>
18	<b>The fast-food fix faster 16-22</b>	<b>View of space)</b>	<b>vol-5, august issue-4 year-4 pg- 16-22</b>	<b>2016</b>	<b>International</b>	<b>ISSN-2320-7620</b>
19	<b>Brest Cancer - Risk Factors and prevention</b>	<b>SPUNK Multidisciplinary Research Journal</b>	<b>Vol-2 Issue-2(I) October pg- 31-34</b>	<b>2016</b>	<b>International Bi-annual referred</b>	<b>ISSN 2395-7417</b>
20	<b>Awareness about anganwadi: A case study of anganwadies in Rajkot city</b>	<b>Asian journal of Home science,</b>	<b>vol-2,Issue-2, December pg- 457-460</b>	<b>2016</b>	<b>International</b>	<b>ISSN-0976- 4732 online ISSN-0976-8351</b>
21	<b>Sensory Evaluation of Cactus Fruit Jam</b>	<b>Food science research journal</b>	<b>vol-8, Issue-1, April pg-25-28</b>	<b>2017</b>	<b>International</b>	<b>ISSN-0976-1276 online 2230-94903</b>

22	<b>The urban health challenge Pg- 148-151</b>	<b>Spunk multidisciplinary research journal,</b>	<b>Vol-3 special Issue-1, December pg- 624-16</b>	<b>2017</b>	<b>International journal UGC approved Journal No. 62416</b>	<b>ISSN- 2395-7417</b>
23	<b>Microbial assessment of Hotdog –A popular street food of India and its comparison with homemade food</b>	<b>Applied Home Science</b>	<b>Vol- 5 Issue 2 February pg- 343-346</b>	<b>2018</b>	<b>International journal UGC approved Journal No. 43913</b>	<b>ISSN No. : 2394-1413</b>
24	<b>Experience of Nutrition officers running CMTC under "Mission Balam Sukham " in a Rajkot district of Gujarat</b>	<b>Applied Home Science</b>	<b>Vol-3 special Issue-1, December</b>	<b>2018</b>	<b>International UGC approved Journal No. 62416</b>	<b>ISSN: 2394-1405</b>
25	<b>Microbial assessment of Bhel-A popular street food of India and its comparison with homemade food</b>	<b>Applied Home science</b>	<b>Vol-6 Issue- 4 &amp; 5 (May - 2019</b>	<b>2019</b>	<b>International</b>	<b>ISSN: 2394-1413, UGC approved Journal NASS Rating :3.09(2019)</b>
26	<b>A prospective study at child malnutrition treatment center for weight gain in children treated for malnutrition</b>	<b>Research matrix</b>	<b>Oct, Vol-1, Pg-111-114</b>	<b>2022</b>	<b>International</b>	<b>ISSN-2321-7073</b>
27	<b>A prospective study at child malnutrition treatment center for factor affecting weight gain in children treated for malnutrition</b>	<b>Research matrix</b>	<b>Nov, Vol-1 Pg136-139</b>	<b>2022</b>	<b>International</b>	<b>ISSN-2321-7073</b>
28	<b>Approach to spread awareness of prebiotics among the</b>	<b>Research matrix</b>	<b>Nov, Vol-1 Pg-74-77</b>	<b>2022</b>	<b>International multidisciplinary Journal</b>	<b>ISSN-2321-7073</b>

	<b>females of the city of Rajkot</b>					
<b>29</b>	<b>Impact of House hold food insecurity on health and nutritional status of women in wadhwan city surendranagar</b>	<b>Journal of emerging technologies and innovative research (JETIR)</b>	<b>Vol -9 Issue 3 March Pg 292-299</b>	<b>2022</b>	<b>International Journal</b>	<b>ISSN 2349-5162</b>
<b>30</b>	<b>To know the effect of obesity before pregnancy with PCOS</b>	<b>Atmaj Academic Research Journal</b>	<b>Vol- 21,issue--14, January- June Pg- 20-25</b>	<b>2024</b>	<b>International Journal peer reviewed research journal</b>	<b>ISSN 2348-9456</b>
<b>Books</b>						
<b>1</b>	<b>Nutritional Management in Health &amp; Diseases</b>	<b>Book</b>		<b>June 2003</b>	<b>Pravin Prakashan Rajkot</b>	
<b>2</b>	<b>Meal Planning</b>	<b>Book</b>		<b>June 2009</b>	<b>Pravin Prakashan Rajkot</b>	
<b>3</b>	<b>Nutrition during life cycle</b>	<b>Book</b>		<b>2014-15</b>	<b>Under the scheme of UGC Unassigned grant Saurashtra University Rajkot</b>	<b>978-93-5235-164-0</b>
<b>4</b>	<b>Food preservation-1</b>	<b>Book</b>		<b>2017-18</b>	<b>Under the scheme of UGC Unassigned grant Saurashtra University Rajkot</b>	<b>978-93-5288-110-9</b>
<b>5</b>	<b>Nutrition and fitness</b>	<b>Book</b>		<b>2018-19</b>	<b>D.K. Publication Rajkot</b>	<b>ISBN- 978-93-5311-991-1</b>
<b>6</b>	<b>Food packaging and Labelling</b>	<b>Book -guj</b>		<b>2023-24</b>	<b>J.P. Jotangiya</b>	<b>ISBN- 978-93-6013-047-3</b>
<b>7</b>	<b>Food packaging and Marketing</b>	<b>Book -guj</b>		<b>2023-24</b>	<b>Ved publication</b>	<b>ISBN-978-93-6128-553-0</b>
<b>8</b>	<b>Meal Planning</b>	<b>Book -guj</b>		<b>2023-24</b>	<b>Ved publication</b>	<b>ISBN-978-93-340-</b>

**Annexure-II**

Sr. No.	Name of Students	Title of Ph.D. Thesis	Ongoing/ Completed	Year of degree awarded
1	<b>Rathod Megha</b>	<b>Impact of governments scheme 'Mission Balam sukham' to prevent malnutrition in children</b>	-	<b>Completed</b>
2	<b>Chotaliya Bhavika</b>	<b>Health and nutritional status of preschool children visiting as beneficiaries of CMT center of Gujarat</b>	-	<b>Completed</b>
3	<b>Shah Arti</b>	<b>A study of prebiotic foods and its popularity</b>	-	<b>Completed</b>
4	<b>Bhatt Sarangi</b>	<b>A comparative study of nutrition and health status of senior citizen living at home with children, living at home alone and living in old age home</b>	-	<b>Completed</b>
5	<b>Sonal vaghela</b>	<b>Childhood obesity</b>	-	<b>Completed</b>
6	<b>Pratibha Dheeman</b>	<b>Assessing food insecurity ( food access inequality ) in patdi , surendranagar District</b>	-	<b>Completed</b>
7	<b>Komal parmar</b>	<b>An exploratory study on life style changes among post covid 19 patients of selected districts of Gujarat</b>	<b>Ongoing</b>	
8	<b>Rupal Chavda</b>	<b>Study of health complications of pregnant women's with PCOS PCOD October 2023 to September 2025--shodh Stipend Amount</b>	<b>Ongoing</b>	
9	<b>Mehta Megha</b>	<b>Using body composition analysis test to assess the impact of low calorie diet with exercises on body fat mass in obese patients</b>	<b>Ongoing</b>	