

# Matushri Virbaima Mahila Science & Home Science College

Kalawad Road, Near Under Bridge, RAJKOT PHONE NO. +91-281-2452997email ID: <a href="mailto:mvmscience@yahoo.co.in">mvmscience@yahoo.co.in</a>

## **Self Appraisal Form for Teachers**

## A. Personal Information:

1	Name	Dr. Jayshree B. Ranpara
2	Residential Address with Pin	302/B, Chandni Appt. , 36, New
	No.	Jagnath Plot, Rajkot-360001
3	Mobile No.	097146-70066
4	Landline No. of Resident	-
5	Other alternative No.	09712814545
6	E-Mail ID	shree_r2000@yahoo.com
		jayshreebranpara28@gmail.com
7	Date of Birth	28/01/1971

### B.(a) General Information:

1	Designation	Adhyapak Sahayak &
		HOD
2	Department	Home Management
3	Specialization if any	Home Management
4	Date of Appointment	
	(i) In the present institution	20/03/1995
	(ii) In the present post	13/06/2022
5	Honours conferred	-

## B.(b) Academic Qualification:

Examination	Board/University	Subjects	Year	Division/Grade/Marks
SSC	GHSEB		1985	I Class (62%)
HSC	GHSEB	Arts	1987	II Class (56%)
B.Sc. (Home)	Saurashtra	Home	1990	I Class
	University	Management		(A Grade with 67%)
M.Sc. (Home)	Saurashtra	General	1992	II Class (56%)
	University	H.Sci.		
B.J.M.C	Saurashtra	-	2010	II Class(59%)
	University			
Diploma in	Harkishan Mehta	-	2015	'A' Grade
Gujarati	Institute of			
Journalism	Journalism &			
	Mass			
	Communication,			
	Mumbai			
CCC+	SPIPA		15/10/2022	Passed

## C.(a) Research Experience & Training:

Research Stage	Title of work/ Thesis	University where the work was carried out
M.Phil. or equivalent	+	-
Ph.D.	A Study on Awareness of Girl	Smt. S.B.Gardi
	<b>Students And Lady Teaching</b>	<b>Institute of Home</b>
	Faculty of Rajkot City About	Science, Saurashtra
	Their Rights Against Sexual	University, Rajkot
	Harassment At Educational	
	Institutions	
Post-Doctoral	-	-
Publication	(See Annexure-I)	-
(give a list separately)	· · · · · · · · · · · · · · · · · · ·	
(Annexure-I)		
Research Guidance (give	-	-
names of Students guided		
successfully) (Annexure-II)		

## C.(b) Research Projects Carried out:

Title of the project	Name of the funding agency	Duration	Remarks
-	-	-	-

## <u>C.(c)</u> Seminars, Conferences, Symposia, etc. Attended:

Name of the Seminars,	Name of the sponsoring	Place & Date	Title of the paper
Conferences,	Agency		presented (if any)
Symposia, etc.			
	International Confe	erence	
International	Department of	Rajkot	Attended
Conference on	Education,	10 <sup>th</sup> -12 <sup>th</sup>	
"Fourth Wave	Saurashtra	January 2004	
Education."	University.	ganaary 2001	
International	Pacific	Udaipur	Recycled Papers
conference_ Global	University,Udaipur	8 <sup>th</sup> & 9 <sup>th</sup>	Made on Different
Research,		December	Surfaces
Enhancement,		2014	Study of State of
Reforms and			<b>Anxiety in the Under</b>
Commercialization			<b>Graduate Girls</b>
			<b>Students in Relation</b>
			to their Future
International	Institute of Infrastructure	Ahmedabad	Oral Presentation-
conference Indo-	Technology, Research	28 &29 Dec -	A Study on
Canadian	And	2018	Awareness of
Multidisciplinary	Management(IITRAM)		Teachers of Higher
Research: Trends			<b>Education About</b>
and Prospects			Sexual Harassment
			at Educational
			Institutions
International Online	Vedant Publications &	10/05/2020	Role of Sex
Conference- World	Educational Services	Rajkot	Education as a Part
After Covid-19			to Prevent Sexual
Multidisciplinary			Harassment of Girl
Ideas, Designs and			Students in various

Systems			Educational		
Systems			Institution of Rajkot		
			City		
Women in	All India Women's	Online	Role of educational		
leadership: Achieving	conference with collaboration with Anand	platform-	institutions		
an equal future in a COVID-19 world	law college of legal studies,	Google meet 06/03/2021	regarding safety of female teachers		
COVID-19 WORL	Anand and AMP	00/03/2021	against sexual		
	Government law college,		harassment		
	Rajkot				
International	K R Doshi Group of	Online	-		
Multidisciplinary	Colleges, Bhavnagar	platform-			
Virtual Conference –		Google meet			
Professional Education in Global		24 & 25 April 2021			
Context		2021			
An International	CT University, Ludhiana,	Online	A Study on		
Multidisciplinary E-	Panjab	platform-	Organizations working		
conference -	&	Zoom	for Betterment of		
Interrogating the	Vedant Publication and	19 & 20 June	Women in Rajkot		
ideas of development	Educational Services	2021	City		
: A 360 degree investigation					
Webinar on use of					
ICT in teaching &	Christ College Rajkot	Rajkot	Attended		
learning		10/7/2021			
An International E-	Department of English,	07/08/2021	Healing Power of		
Conference on	Christ College, Rajkot		<b>Literature During</b>		
Hundred Years of			Covid Pandemic		
High Modernism  34 <sup>th</sup> International	Denteutment of English	19 & 20	Lockdown- A Study		
Conference-New	Deptartment of English, Bhakta Kavi Narsinh	February	Experiences of Sexual Harassment and		
Directions of	Mehta University,	2022	Precautions to be taken		
Academic Research	Junagadh		by the girls- A study		
International	V.N.S.B.LTD. Arts &	21 & 22	Role and		
conference on	Commerce	January 2023	Responsibly		
LSRM-2023	College, Vadnagar & Shri		of Internal Complaint		
Literature, Social	V.R.Patel College of		Committee in Higher Educational		
Science, Regional Studies and	Commerce, Mehsana		Institutions: A Study		
Management Management			institutions. A Study		
Practices					
International	Reva University,	30-31 May	Humanitarian		
conference on	Bengaluru, India and	2023	Approach		
Representation of	Liverpool John Moores		Towards a Colleague		
Violence in Literature and Media	University		Who is a Victim of Sexual Harassment:		
Literature and Media			A Study		
	National Conference				
National Conference-	Smt.S.B.	Rajkot	Attended		
<b>Current Trends and</b>	Gardi Institute of Home	24 <sup>th</sup> & 25 <sup>th</sup>			
<b>Issues in Home</b>	Science,	January			
Science	Saurashtra University	2004			
National Conference-	Faculty of Home Science	Vadodara	Attended		
A Need For Training	Faculty of Home Science, The M.S.	12 <sup>th</sup> & 13 <sup>th</sup>	Attenued		
ATTICCULO Hamming	1 110 141.0.	12 0 13			

And Curriculum	University of Baroda	February	
Development	-	2004	
Globalization and	Faculty of Home Science,	Vadodara	Education of
Consumers of Less	The M.S.	10 <sup>th</sup> &11 <sup>th</sup> October	Consumer
<b>Developed Countries</b>	University of Baroda	2005	
XXVI Biennial	S.N.D.T. College of Home	Poona	Impact of
Conference	Science	27 <sup>th</sup> to 29 <sup>th</sup>	Globalization on
	2 333333	December	Children & Women
		2005	
Women Health -	SHAKTI-	Poona	Prayer is an effecting
Indian scenario	A National Movement for	19 <sup>th</sup> & 20 <sup>th</sup>	remedy for mental
	Women	January	stress faced by
		2008	female lecturer of
			college-A study
			Psycho-Somatic
			disorder occurring
			in working women
			The physical abuse
			of working women
1			at work
National Conference-	M.P. Arts & M.H. Comm.	Ahmadabad	Attended
Literature and Creative Arts	College For Women, A'bad & Gujarat Sahitya	29/11/09	
Creative Arts	A bad & Gujarat Samtya  Academy		
Home Science /	A.K.Doshi Mahila College	Jamnagar	Stress Management
Family &		7 <sup>th</sup> & 8 <sup>th</sup>	3
<b>Community Sciences</b>		December	
in New age		2009	7.00
Role of Home Science	Smt. S.B.Gardi Institute	Rajkot	Prayer an Effective
in Social Well Being	of Home Science Saurashtra University	7/02/2010	Remedy
National Conference-	S.M.Patel College of	VV Nagar	Attended
Health of the Female	Home Science	26 <sup>th</sup> & 27 <sup>th</sup>	Tittoliacu
Child – Issues,		February	
Concerns &		2010	
Challenges			
Quality Management	Uma Arts & Nathiba	Gandhinagar	Need of Quality
& Global Challenges	Commerce Mahila	6 <sup>th</sup> & 7 <sup>th</sup>	Management in
in Higher Education Environment &	College M.V.M Science & Home	August 2010 Rajkot	Higher Education Environment &
Climate	Science College	13/2/2011	Climate in India
Cimute	Science Conege	13/2/2011	Cimiate in muia
Sexual Harassment at	Hemdandracharya	Patan	<b>Economical status of</b>
Educational	University	7 <sup>th</sup> & 8 <sup>th</sup>	women
Institutes		January 2016	entrepreneurs
			engaged in food
<b>**</b> 7	Ed D A 3.6 . 1	NA	processing units
Women	Education Dept. Mumbai University	Mumbai 01/10/2018	A Study On Awareness In
Empowerment	University	01/10/2010	Teaching Faculty
			Of Higher
			Education Of
			Saurashtra Region
			About Sexual

			Harassment At
			Workplace
			Awareness about
			Aganwadi
			Services: for
			Pregnant &
			<b>Lactating Women</b>
			(ICDS)
Nutraceuticals and	Sardarkrushinagar	17/05/2021	Attended
Immunity Booster	Dantiwada Agricultural		
Food for Combating	University,		
COVID-19	Sardarkrushinagar		
National level	S.VYASA Deemed to be	14/11/2021	Attended
webinar-Role of Yoga	University, Bengaluru &		
in Diabetes	Central Council for		
	Research in Yoga &		
	Naturopathy(CCRYN),		
	New Delhi		
	State level confere	ence	
State level seminar on	Arts & Commerce Mahila	Unjha	કાશ અમે તેને સમજાવ્યુ હોત.
Home Science	College	11/03/2007	Make your
	C		Household work less
			tiring.
Social Accountability	The late M.J. Kundalia	Rajkot	ઉચ્ચ શૈક્ષણિક સંસ્થાઓનું
of Higher Education	Arts & Commerce Mahila	12/10/2007	સામાજીક ઉતરદાયિત્વ :
Institutions	College		શિક્ષણ અને વિકાસ
	8		
<b>Emerging Trends</b>	M.V.M	Rajkot	હાયર સેકેન્ડરી,ડિપ્લોમા તથા
and Scope in Home	Science &	01/02/2009	સ્નાતક કક્ષા પર ચાલતા હોમ
Science	Home Science College		સાયન્સ અભ્યાસક્રમમાં હોમ
	9-		મેનેજમેન્ટ વિષયના
			અભ્યાસક્રમનો અભ્યાસ કરી,
			તેના આધારે હોમ સાયન્સની
			તમા આવાર હામ સાયમ્સમા વિદ્યાર્થીનીઓના મંતવ્યનો
			અભ્યાસ કરવો.
Webinar on use of			જાજ્યાત કરવા.
ICT in teaching &	Christ College Rajkot	Rajkot	Attended
learning &	Cirist Conege Kajkut	10/7/2021	Attenueu
Cyber Security and	KCG	Webinar	Attended
Best Practices	KCG	12/01/2022	Attended
Dest Practices		12/01/2022	

# C.(d) Training/ Workshop/FDP/Orientation/ Refresher Course:

Sr.	Name of Programme	Duration	Organized by
No.			
		Orientation	
1	Orientation	19/11/2007 to	Smt.C.R. Gardi Academic
		16/12/2007	Staff College, Rajkot
		(28 days)	
		Shibir	
1	યોગ શિબિર	6 <sup>th</sup> to 8 <sup>th</sup>	M.V.M
		October	Science &
		2008	Home Science College,
		(3 days)	Rajkot
2	State Level-Navodit	13 <sup>th</sup> to 15 <sup>th</sup>	Shri Arvindbhai Maniar
	sarjako mate sarjak Shibir	November 2009	Pustakalay,Rajkot &

		(3 days)	Gujarat Sahitya Academy, Rajkot
	W	ork shop & Training	
1	Nanoscience &	21/02/2010	M.V.M.Science & Home
	Nanotechnology : A	(1 day)	Science College, Rajkot
	Curricular development	•	
	Approaches		
2	PC Hardware & future	26/12/2011 to	Academic Staff College,
	Technology	01/01/2012	Saurashtra University,
		(7 days) 11 <sup>th</sup> to	Rajkot & UGC
3	Managing Administration		Academic Staff College,
	for Academic	17 <sup>th</sup> March 2013	Saurashtra University,
	Administrators	(7 days)	Rajkot & UGC
4	Research Methodology	11 <sup>th</sup> to 13 <sup>th</sup> July	Ganpat University
"	and Application of SPSS	2013	Gunpat Omversity
	on Data Analysis	(3 days)	
5	Building Awareness	18/02/2014	M.V.M Science & Home
	Among Women	(1 day)	Science College, Rajkot
	Consultant in India	(	
6	Intercollegiate Food &	05/07/2019	Protein Foods & Nutrition
	Nutrition Competition &		Development Association of
	Seminar on	1 day	India [PFNDAI] in
	."Build Your roots with		Collaboration with Indian
	Healthy Foods"		Dietetic Association –
			Gujarat Chapter and
			Department of Home Science
			of Sadguru Mahila Home
	Equity	Davidanment Ducaner	Science College, Rajkot.
1	Concepts of Networking	Development Program  12 <sup>th</sup> to -23 <sup>rd</sup> August	IQAC of M.V.M Science &
1	Concepts of Networking	2013	Home Science College,
		(10 days)	Rajkot
2	Computer Basics	07 <sup>th</sup> to17th July	IQAC of M.V.M Science &
	Computer Busies	2014	Home Science College,
		(10 days)	Rajkot
3	<b>Lecture Series on</b>	04/08/2014	IQAC of MVM Science and
	Women's Rights: Issues	06/08/2014	Home Science College.
	and Remedies	08/08/2014	Rajkot
		(3 days)	
4	Women Sexual	3 <sup>rd</sup> & 4 <sup>th</sup> February	IQAC of MVM Science and
	Harassment	2016	Home Science College.
_	Lecture series	(2 Days)	Rajkot
5	Faculty Development	11 to 20 August	IQAC of M.V.M Science &
	Programme	2016 (7 days)	Home Science College,
6	International Faculty	(7 days) 22 <sup>nd</sup> & 23 <sup>rd</sup>	Rajkot Jointly organized by Global
<b>"</b>	Development Programme	September 2017	Training Education Program
	(Phase -I)	(2 days)	(GTEP)(UK) & Internal
	(I muse 1)	(2 days)	Quality Assurance Cell
			(IQAC), Saurashtra
			University
7	International Faculty	14/03/2018	Jointly organized by Global
1	_		
	Development Programme	(1 day)	Training Education Program

			Quality Assurance Cell (IQAC), Saurashtra University
8	Features of Faculty	14/04/2018 (1 day)	BAPS, Rajkot
9	Capacity Building Programme	26 <sup>th</sup> April-7 <sup>th</sup> May 2018 (12 days)	Education Dept, Sau.Uni. & ICSSR, New Delhi
10	Capacity Building Programme- Family Stress Management: Issues and coping strategies	23/02/2021 to 25/03/2021 (3 days)	College of community science central agriculture university, Imphal, Manipur Sponsored by : ICAR-ATARI ZONE-VII Umaiam (Barapani), Meghalaya
11	Online Faculty Development Programme	30/03/2021 to 09/04/2021 (10 Days)	KCG
12	Fostering Institutional Social Responsibility and Community Engagement in Higher Education Institutes	19-24 September 2022 (6 days)	Mahatma Gandhi National Council of rural Education (MGNCRE) Hyderabad and Ganpat University, Kherva, Mehsana
		Ph.D. Coursework	
1	Ph.D. Coursework	60 Hours	Smt. S.B.Gardi Institute of Home Science, Saurashtra University

## <u>C.(e)</u> Details as Resource person:

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Sr.No.	Event	Title of Presentation	Date & Place	Organized by
1	As a Subject	Home Science-	06/04/2011	Mahila Jagat- Talk
	Expert	Aims,	Rajkot	Show of Rajkot
		Misconceptions &		Doordarshan
		admission Criteria		
2	Demonstration	Poshanyukt Vangi	10/06/2011	Rajkot Municipal
				Corporation
3	Conducting a	Home Management-	06/07/2011	Mahila Jagat- Talk
	Programme	An Important	Rajkot	Show of Rajkot
		<b>Branch of Home</b>		Doordarshan
		Science		
4	As a Subject	Consumers	19/9/2011	BISAG
	Expert	Problems &	Gandhinagar	
	_	Responsibilities	_	
5	As a Subject	<b>Income- Definition</b>	7/12/2011	BISAG
	Expert	& Types	Gandhinagar	
6	As a Subject	<b>Budget-Definition,</b>	21/12/2011	BISAG
	Expert	Importance and	Gandhinagar	
		Steps in making of		
		Budget		
7	As a Judge	Recitation	07/02/2012	S.N.K School, Rajkot
		Competition	Rajkot	
8	As a Subject	Home Furnishing	23/10/2012	BISAG
	Expert	<u> </u>	Gandhinagar	
9	As a Subject	Indoor Gardening	30/10/2012	BISAG
	Expert	8	19/12/2012	Repeat Telecaste

			Candhinagan	1
10	As a Subject Expert	મતદાન– આપણી પવિત્ર ફરજ	Gandhinagar 07/11/2012 Rajkot	Rajkot Doordarshan & DD Girnar
11	As a Judge	Recitation Competition	17/12/2012 Rajkot	S.N.K School, Rajkot
12	As a Judge	Recitation Competition	23/01/2013 Rajkot	S.N.K School, Rajkot
13	As a Subject Gender Issues Expert		27/02/2013 & 13/03/2013 Gandhinagar	BISAG
14	Member of Core committee	curriculum development	26/03/2014 Gandhinagar	KCG
15	As an Expert	ટ્રાફીક અવેરનેશ	03/09/2016 Rajkot	Divya Bhaskar
16	Delivered a Lecture	Awareness about Sexual Harassment	06/03/2020 Rajkot	Home Science Department Saurashtra University Rajkot
17	Delivered a Lecture	Awareness about Sexual Harassment	21/10/2021 Rajkot	AVPTI, Rajkot (150 Students)
18	Delivered a Lecture (Webinar)	Awareness about Sexual Harassment at Workplace	23/10/2021	Parul University (100 Students)
19	Delivered a Lecture on occasion of International Women's Day Celebration	Awareness about Sexual Harassment	08/03/2022	M.V.M.Science & Home Science College, Rajkot (50 Students)
20	Delivered a Lecture	Awareness about Sexual Harassment	24/03/2022	G.T. Sheth Vidhyalay, Kalawad Road, Rajkot (150 Students of 9 <sup>th</sup> & 11 <sup>th</sup> Std.)
21	Delivered a Lecture	Awareness about Sexual Harassment	07/04/2022	Shree K.J.Kotecha Girls High School, Kalawad Road, Rajkot (150Students of 9 <sup>th</sup> Std.)
22	Delivered a Lecture	Awareness about Sexual Harassment	07/04/2022	Shree K.J.Kotecha Girls High School, Kalawad Road, Rajkot (150 Students of 11 <sup>th</sup> Std.)
23	Delivered a Lecture	Sexual Harassment and Women Empowerment	06/08/2022	K.K.Arts and Commerce College, Dhandhuka
24	Coordinated Training program	Fruits and vegetables preservation	23/08/2022 to 27/08/2022	Horticulture Department, Rajkot
25	As a Judge	Elocution Competition	26/09/2022	Higher Education Commission,
26	As a Judge	Slogan Competition	28/09/2022	Gandhinagar –Climate

	1		T	T '
				change youth outreach fortnight programme- 2022 ar M.V.M.Science
				& Home Science College, Rajkot
27	As a subject expert	Social Media and its effect on human beings	November- 2022	Feelings-Magazine Special Diwali issue
28	Delivered a Lecture	Awareness about Sexual Harassment	17/01/2023	G.T. Sheth Vidhyalay, Kalawad Road, Rajkot (300 Students of 9 <sup>th</sup> & 11 <sup>th</sup> Std.)
29	Delivered a Lecture	Awareness about Sexual Harassment	18/01/2023	Organized by ICC, M.V.M.Science & Home Science College, Rajkot (Students)
30	-	Given opinion – on international Radio day	13/02/2023	Aakashvani, Rajkot
31	Coordinated Training program	Fashion Designing and Bakery	23/01/2023 to 10/03/2023	NSIC Center, Near Aji Dam, Rajkot
32	Coordinated Training program	Nail Art and Beauty Parlor	27/03/2023 to 30/03/2023 Rajkot	NSIC Center, Near Aji Dam, Rajkot
33	As a subject expert	Sexual Harassment	11/11/2023	Karuna Foundation- Facebook-Live
34	As a Guest and subject experts	Aapana Maheman (Women Empowerment)	Shooting Dated 26/12/2023 Telecast on DD Girnar on 29/12/2023	Rajkot Doordarshan (Prasar Bharati)
35	As a Guest and subject experts	Aapana Maheman (Women Empowerment)	Shooting Dated 26/12/2023 Telecast on DD Girnar on 29/12/2023	Rajkot Doordarshan (Prasar Bharati)
36	As a Guest and subject experts	Aapana Maheman (Women Empowerment)	Shooting Dated 26/12/2023 Telecast on DD Girnar on 19/02/2024	Rajkot Doordarshan (Prasar Bharati)
37	Coordinated- Eye Check up Camp	Eye check up camp	12/01/2024	Netra Deep and M.V.M.Science & Home Science College
38	Coordinated Student's interview	About their achievements and Home Science	10/02/2024	Animal Helpline, Karuna Foundation
39	Coordinated	Elocution Competition	13/02/2024	Animal Helpline, Karuna Foundation
40	Coordinated	Interview- winners	19/02/2024	Animal Helpline,

		of elocution competition		Karuna Foundation
41	Coordinated program as member of ICC	Information served to students regarding Sakhi One Stop Center, 181 Abhayam Helpline, PBSC, SHE Etc	04/03/2024	ICC, M.V.M.Science & Home Science College

#### D.(a) Teaching Experience:

Course	Name of the University/College/Institution	Duration
taught		(As on June-2024)
U.G.	Shri Devshri Ranchhoddasji bapu Mahila	05/07/1993 to 30/11/1999 &
	Home Science College, Rajkot	June 2002 to June 2009
		(13 Yrs. 6 Months)
	Matushrivirbaima Mahila Science & Home	20/03/1995 to till date
	Science College, Rajkot	(28 Yrs. 3 Months)
		Total: 31 Years
P.G.	Smt. S.B. Gardi Institute of Home Science,	June – October-2002
	Saurashtra University, Rajkot	(1 semester)
M. Phil.	-	-
Any	-	-
other		

#### D.(b) Total Teaching Experience:

(i) Under-graduate: 31 Years (ii) Post graduate: I Semester

### E. Innovations / Contributions in Teaching:

(Give list/lists separately for the following if required)

- a) Design of Curriculum:
  - 1. KCG for common syllabus for all universities of Gujarat state
  - 2. Designed curriculum for Home Management subjects for under graduate programme
- b) Teaching Methods: Group Discussion, Chalk & Talk, ppt, Games, interaction and demonstration
- c) Laboratory experiments: Yes as per curriculum
  Evaluation Methods: Yes-Internal Tests, Weekly Class Tests, Assignments, Project
  works, Seminars etc
- d) Preparation of resource material Including book, reading materials, Laboratory manual etc.: **Yes**
- e) Remedial Teaching / Student : Yes
- f) Counselling (academic):Yes
- g) Any other:

#### F. Extension Work/ Community Services:

1 Please give a short account of your contribution to:

- i. Community work such as values of National Integration, secularism, democracy, socialism, humanism, Peace, Scientific temper, flood or drought relief, small family norms etc.:
- ii. National Mission:
- 2 Position held/Leadership role played in organizations linked with Extension Work & National Service Scheme (NSS) or NCC or any other similar activity:
  - I. Coordinator Wall Painting 20/12/2015
  - II. Coordinator Faculty Development Programme (FDP) held at MVM Science & Home Science College, Rajkot 11/08/2016 to 20/08/2016
  - III. Coordinator- Food Preservation Workshop organized by Horticulture Department,, Rajkot 23/08/2022 to 27/08/2022 and 29/08/2022 to 02/09/2022 (2 Batches)
  - IV. Coordinator- Consumer Awareness Programme 04/01/2023
  - V. Coordinator- Training Programme by NSIC, Rajkot 23/01/2023 to 10/03/2023
  - VI. Coordinator-Fruits and Vegetables carving Workshop-14/02/2023
  - VII. Coordinated Training program- Fashion Designing and Bakery-23/01/2023 to 10/03/2023(NSIC<Rajkot)
  - VIII. Coordinated Training program- Nail Art and Beauty Parlour-27/03/2023 to 30/03/2023
    - IX. Coordinated- Eye Check up Camp-12/01/2024
    - X. Coordinated Student's interview- About their achievements and Home Science-10/02/2024
    - XI. Coordinated- Elocution Competition-13/02/2024
  - XII. Coordinated- Interview- winners of elocution competition-19/02/2024
  - XIII. Coordinated program as member of ICC- Information served to students regarding Sakhi One Stop Center, 181 Abhayam Helpline, PBSC, SHE Etc-04/03/2024

## G. Participation in Corporate Life:

Please give a short account of your contribution to:

- i. College/ University/Institution:
- ii. Co-curricular Activities:
- iii. Enrichment of Campus Life (Hostels, Sports, Games, Cultural Activities):
- iv. Students Welfare & Discipline:
- **v.** Membership/Participation in Bodies/Committees on Education and National Development :
  - a. Editor of MVM Spectrum-A college Magazine since 2011
  - b. Member of Sarjanatmak Abhivyakti dhara of Saptdhara (An initiative of Government of Gujarat)
  - c. Member of Career Counselling and Development Cell (CCDC)
  - d. Member of Internal Complaint Committee (ICC)
  - e. Member of College IQAC
  - f. Member of library Committee of College
  - g. Member of Organising Committee of State Level Seminar at M. V. M. Science & Home Science College, Rajkot.
- vi. Professional Organization of Teacher:

### H.(a) Membership of Professional Bodies, Societies etc.:

(b) Editorship of Journals:

### <u>I.(a)</u> State brief assessment of your performance indicating:

(b) Difficulties faced:

- (c) Suggestions for improvement :
- J. Step taken by you for the evaluation of the course/ programme taught:

## K. Any other Information:

Sr.	Details (Year, Type, Value etc.)
No.	
1	20/11/2012
	Recognized as a PG teacher
2	01/10/2014, નારી ગૌરવ
	એવોર્ડ–સાહિત્ય અને પત્રકારત્વ ક્ષેત્રે
	વિશેષ યોગદાન માટે–From
	Phulchhab News Paper
3.	All news papers published news
	regarding Ph.D. work and local
	gujarati channels telecast
	interview regarding Ph.D. work
	(Awareness Regarding Sexual
	Harassment at workplace)
4	31/01/2022 Local Channel –
	અબતક– ચાય પે ચર્ચા <b>–</b> My
	interview telecast & 05/02/2022
	અબતક (વર્તમાન પત્ર)– ઇન્ટરવ્યુનો
	લેખ છપાયો.
5	અબતક (વર્તમાન પત્ર) તરફથી
	નારીરત્ન એવોર્ડ– International
	Women's Day ના ઉપક્રમે

# **Articles And Other Publications**

Sr.No.	Title of the article	Date	Name of publication agency
1	આંતરજ્ઞાતીય લગ્ન કેટલી હદે	July-1992	Stree-A Gujarati Magazine
	સ્વીકાર્ય ?		
2	બહેનોના જીવનને દિપાવતો	24/6/2008	Akila- An evening News Paper
	અમૂલ્ય અભ્યાસક્રમ –હોમ સાયન્સ		
3	શિક્ષણ સંસ્થાઓ હવે વિશ્વસનીય	17/7/2008	Divya Bhaskar
	કેટલી ?		
4	જયારે ગુરૂ ફરજ ચૂકે ત્યારે	22/7/2008	Divya Bhaskar
5	આધુનિકાઓની સામાજીક	4/8/2008	Divya Bhaskar
	જવાબદારી ખરી? કેટલી?		
6	'મીનાઝ'– મુસ્લિમ કે હિન્દુસ્તાની ?	13/8/2008	Divya Bhaskar
7	આર્થિક સ્વાવલંબન : અન્યાય	March-	Akhand Anand-
	સામે અવાજ ઉઠાવવાનું સર્ટિફિકેટ ?	2009	A Gujarati Magazine
8	'સેકસ એજયુકેશન' બાળકોને	Published	Stree-A Gujarati Magazine
	અનેક જાતીય તકલીફોથી		
	બચાવવાની ચાવી		

9	અસ્તિત્વ– કવિતા	November 2009	Spectrum-A college Magazine of M.V.M.Science & Home Science College
10	ચહેરો–કવિતા	December 2009	Spectrum-A college Magazine of M.V.M.Science & Home Science College
11	ગુણવતા શિક્ષણ અને સરકાર : દલા તરવાડીનું ખેતર	January 2010	Shikshan Sudha A Gujarati Magazine
12	સ્ત્રી શિક્ષણ : સ્ત્રી સશક્તિકરણ માટે અનિવાર્ય	January 2010	Spectrum-A college Magazine of M.V.M.Science & Home Science College
13	માતૃવંદના – ઉચ્ચ કક્ષાએ છોડો, વ્યક્તિગત પ્રયત્નો તો કરો	21/2/2010	Rajkot Mirror
14	તોફાની બારકસ ચિમ્પુ	15/5/2010	Divya Bhasker
15	ઉચ્ચ શિક્ષણક્ષેત્રે આજકાલ શું ચાલી રહયુ છે ?	11/10/11	Phulchhab : A News Paper
16	ઉચ્ચ શિક્ષણક્ષેત્રે આજકાલ શું ચાલી રહયુ છે ?	January 2012	Shikshan Sudha A Gujarati Magazine
17	ભણતરનું મહત્વ ખરૂ પણ જીંદગીથી વધુ નહીં.	18/10/11	Phulchhab : A News Paper
18	સરકાર માઇબાપ આપ ઇચ્છો છો શું ?	3/11/2011	Phulchhab : A News Paper
19	શું આ ગુનો સજાને પાત્ર નથી?	25/11/11	Phulchhab : A News Paper
20	કોઇવાર ઝાંસીની રાણી બનવું પડે	2/12/11	Phulchhab : A News Paper
21	એક અધ્યાપક આવો પણ	3/2/12	Phulchhab : A News Paper
22	ખંડ સમયની ચકલી માટે બ્રહમાંડ કોણ બોળશે ?	31/3/2012	Phulchhab : A News Paper
23	On Mother's day	May-2015	Abhiyaan- Magazine

## Annexure-I

Sr.	Title of the	Journal/	Date/	Year of	National/	ISBN/
No.	Paper/Book	Book	Volume/	Publication	International	ISSN No.
			Pg. No.			
1	Introduction	Book	-	1 <sup>st</sup> Edition-	-	-
	to Home			1998		
	Management			2 <sup>nd</sup>		
	_			<b>Edition-</b>		
				2001		
2	Family	Book	-	2004	-	-
	Financial					
	Management					
3	Study of	Journal -	Volume- 1	2013- 2014	International	ISSN
	anxiety about	TCC's	Issue-2 June			No. 2320-
	their future	Samiksha	2013-			3420
	in girl		January			
	students of		2014			
	Home		Page No116			
	Science		to 118			

	faculty					
4	A Study On Awareness In	Sanshodhan Chetana	Vol 7 Special Issue	2018	National	ISSN No. : 2319-
	Teaching	Circtana	01/10/2018			5525
	Faculty Of		Pg. No. 203			
	Higher		to 210			
	Education Of					
	Saurashtra					
	Region About Sexual					
	Harassment					
	At Workplace					
5	Awareness		Vol 7			
	about		Special Issue			
	Aganwadi		01/10/2018			
	Services: for Pregnant &		Pg. No. 169 to 175			
	Lactating		10 175			
	Women					
	(ICDS)					
6	A Study on		April	2019	International	ISSN No.
	Awareness of	An	Volume :IV			: 2454-
	Teachers of	International	Issue : 5			8596
	Higher Education	Multi disciplinary	April 2019			
	about Sexual	Referred E-				
	Harassment at	Journal -				
	Educational	Vidhyayan				
	Institutes.					
7	MainO	Book	April	2020	-	ISBN
	Pause					No 978- 93-5406-
						470-8
8	Women	Book	March	2020	-	ISBN
	<b>Empowerment</b>					No 978-
						93-5406-
9	A Cturder on	Intonnational	Iomnous	2020	Intomotional	011-3
9	A Study on Awareness of	International Journal of	January- February	2020	International	ISSN No. : 2394-
	Female	Applied	Volume 7 (1			1413
	Teachers of	Home	& 2)			1110
	Saurashtra	Science	Pg. No22-			
	University		27			
	Regarding					
	Various Committees					
	and					
	Organizations					
	which Work					
	for					
	their Rights					
	and Protection against Sexual					
	Harassment at					
	Workplace					
10	Role of Sex		Special	2020	International	ISSN No.
1	Education as a	An	Issue-			: 2454-

			T_	T	T	
	Part to	International	International			8596
	Prevent	Multi	Online			
	Sexual	disciplinary	Conference			
	Harassment of	Referred E-	Volume-5,			
	Girl Students	Journal -	Issue-5,			
	in various	Vidhyayan	May-2020			
	Educational					
	Institution of					
	Rajkot City					
11	Role of	An	VolVI,	2021	International	ISSN No.
	educational	International	Issue-IV			: 2454-
	institutions	Multi	June-2021			8596
	regarding	disciplinary				
	safety of	Referred E-				
	female	Journal -				
	teachers	Vidhyayan				
	against sexual					
	harassment					
12	A Study on	Saarth E-	Special Issue	2021	National	ISSN No.
	Organizations	Journal of	1/2021			: 2395-
	working for	Research	Pg. No.486-			338X
	Betterment	UGC Peer	489			
	of	Reviewed				
	Women in					
	Rajkot					
	City					
13	Experiences of	Journal of	Volume-9,	2022	International	ISSN No.
	Sexual	Emerging	Issue 3			: 2349-
	Harassment and	Technologies	31/03/2022			5162
	Precautions to be taken	and Innovative				UGC
	by the girls-	Research				Approval
	A study	ixoscai Cii				No.
	•	<u> </u>	<b>-</b>			63975
14	Role and	Atmaj-	Volume-	2022-23	International	ISSN No.
	Responsibly	Academic	XVIII Issue-			: 2348-
	of Internal	Research	XV,			9456
	Complaint	Journal- An International	July- December-			
	Committee in	Peer-	2022			
	Higher	Reviewed				
	Educational	Research				
	Institutions: A	Journal				
	Study					
15	Fundamentals	Book	1 st Edition	June-2023		ISBN
	of Resource					No978-
	Management					93-5906-
						596-0
16	Travel and	Book	1 st Edition	October-		ISBN
	Tourism			2023		No978-
						81-
						957271-
						86
17	Introduction to	Book	1 st Edition	November-		ISBN
	Home			2023		No978-
	Management					93-5913-
						143-6
18	A Study on	Book	1 st Edition	December-	International	ISBN No.
	Awareness of			2023		978-93-

	Girl Students of Rajkot City About Their Rights Against Sexual Harassment at Educational Institutions					93608- 59-8
19	A Study on Awareness of Female Teaching Faculties of Rajkot City About Their Rights Against Sexual	Book	1 st Edition	December- 2023	International	ISBN No. 978-93- 93608- 51-2
	Harassment at Educational Institutions					
20	Humanitarian Approach Towards a Colleague Who is a Victim of Sexual Harassment: A Study	Book Chapter- Violence in literature and media	1 <sup>st</sup> Publication	2024	National (Available on Amazon)	ISBN No. 978-93- 5529- 870-6